

NW Region Report

February 2014

CHNS & CHPS

Sarah Brisco

- Provided workshop to 23 schools in OUR Co-op area on the following information: Wellness Toolkit, Role of the CHPS and School Health Index Training
- Provided a presentation to 21 children at the OUR Children's Center. Educated on the following: Injury Prevention- the importance of helmets; Tobacco Prevention-provided tobacco free stickers; Physical Activity- Used Physical Activity Ball, Dental ; Nutrition Education and Healthy Choices
- Attended the Administrators meeting in Russellville and provided CHPS updates to all administrators
- Contacted the Searcy County School District Counselor to discuss upcoming projects/workshops in the OUR Co-op
- Contacted SCSD principal and provided workshop information to Searcy County School District for Wellness Initiative Workshop
- Provided wellness surveys to all school districts for upcoming wellness conference
- Completed and provided Harrison School District with a support letter for the Fresh Fruits and Veggies Grant

Nancy Marsh

- Presented Suicide Awareness 101 for EMS at statewide EMS Conference in Eureka Springs – 2 presentations, 36 people at one session and 16 at second session– partnered with Cheria Lindsey.
- Met with health care plans website people and invited 2 CHNS and 4 school nurses to the meeting. Providing input for website development.
- Attended NW TRAC Injury Prevention Committee Meeting-requesting funds from Budget

- Applied for Ark Cancer Coalition mini-grant for NWAESC to fund a Tobacco Cessation for Youth Professional Development for school and community members in April – funds for trainer and educational materials. If funded, training would only cost participants lunch and the \$100 for materials would be paid for.
- Submitted Nursing CE packet for Biology of Cancer – 3 hours – taught by Dr. Burns.
- Set up and hosted meeting with Layce Vance and 6 people from 6 districts to discuss Safety Products events with bike helmets and life jackets. Plans are being made now for several safety events with free items to be given out in May
- Office Civil Rights training – speakers from Dallas; helped co-op director to host event and helped with registration table - 4 school nurses attended and 2 other CHNS – provided updated information about Arkansas State Laws on Glucagon to the speaker. Attended Office of Civil Rights Training that was held for the general public- This was an evening training with the same speakers.
- Visited Springdale Harber High School East Lab students – working on health fair project – providing technical assistance and offering community partner suggestions as vendors, and suggestions for details for planning the event.

Cheria Lindsey

- Facilitated “Biology of Cancer, Healthy Lungs, Healthy Gums” with Dr. Burns, associate professor at UAMS, at OUR Educational Cooperative with 13 present
- Presented Oral Health which included Mr. Gross mouth and tobacco use, injury prevention with mouth safety with sports, and healthy eating with kindergarteners at Eagle Heights Elementary, approximately 43 present

- Presented with Nancy Marsh at EMS Conference in Eureka Springs on “Suicide Awareness 101 for EMS” for two sessions with approximately 52 present
- Presented to 8th Grade Health class at Berryville “Teen Pregnancy and STD’s”, approximately 23 present
- Attended the Boone County Recovery Meeting at the Durand Center with multiple parties involved to help “clean up the mess” with many efforts to be organized for future work
- Visit with nurses at Bergman and assisted Boone County Health Unit with staffed booth at the Bergman Elementary Health Fair and interaction with parents and students on immunizations and health issues at Parent Teacher Conferences
- Presented updates and present at the Administrator’s Meeting in Russellville. Assisted Sarah Brisco, CHPS with Wellness Workshop at the OUR Education Cooperative

Miranda Curbow

- JC Westside schools – Provided tobacco education during presentation to class. Included Tobacco use during pregnancy and Infant mortality/morbidity education while presenting on STD/Teen Pregnancy (53 present)
- Arranged for and hosted Injury Prevention 101 workshop with ACH/SIPP presenting on all aspects of injury prevention. Included smoking education in presentation and provided Act 811 and quit line cards to participants. (18 present)
- Lavaca Public Schools - Interactively educated on tobacco consequences and cessation using: Mr. Gross Mouth, cigarette model and death of a lung display. Educated on quit line fax forms, cards, and pamphlets on quit line, spit tobacco, helping people quit tobacco and Act 811. Included interactive Nutrition and fitness education using exercise dice and pamphlets with nutrition information and exercise suggestions. (100 present)
- Trusty Elem. School/Fort Smith - Interactively educated on tobacco consequences and cessation using: Mr. Gross Mouth, cigarette model,

death of a lung display and spin smart game. Educated on quit line forms, cards, and pamphlets, spit tobacco, helping people quit tobacco and Act 811. Child Passenger safety and home safety included in education. (45 present)

- Presented Train the Trainer for Reality Works dolls with HHI Support Staff, CHNS and CHPS from NW region. Included effects of tobacco on infant and infant mortality/morbidity.
- Attended Child Passenger Safety Technician Certification training
- Arranged and will facilitate immunization update workshops in both WAESC and Arch Ford Co-ops. Continue to act as CHNS for Arch Ford nurses while one is being hired

Christine McKnelly

- Wellness committee assistance included Bigelow CSH wellness Committee-- contributed various ideas for worksite wellness best practice to implement this year; discussed ATV safety ideas; Blue and You Fitness Challenge advantages and disadvantages of different staff wellness ideas; results of staff tobacco use survey; noted that PE teachers were invited to wellness committee for the first time after I made a recommendation they be invited. Dardanelle wellness Committee- provided input into legislative issues discussed at meeting and followed up with Paula Smith; answered basic questions re: e-cigarettes; shared dates of upcoming in services for injury prevention
- Presented on healthy eating for REACH Homeschool children and parents in Russellville, utilizing Organ wise materials. Estimated 17 children and adults in attendance.
- Provided one-on-one training to Russellville High School nurse re: Wellness Toolkit. Discuss strategies for re-establishing wellness committees in school; discussed ways to tie SHI to current concerns of principal; provided a copy of wellness toolkit; educated on SHI techniques for completion; encouraged consideration of JUAs; discussed upcoming workshops that may benefit wellness committees; requested to present to full committee if a meeting is called. Provided SOS materials for transitional fair

- Presentation at homeless shelter (Bethlehem House) included several references to the tobacco industry; otherwise presentation focused on addictive qualities of junk food. Est. 14 people (shelter residents and interns) attended presentation
- Provided mini-presentation (overview, showing of dolls and brief discussion) of Reality Works Dolls, including shaken baby syndrome, fetal alcohol and prenatal drug abuse demonstration infants for Faulkner County Human Services Coalition. 11 Community members in attendance. Following this presentation, Central Region health educator set up presentations for individual sites
- Hosted/facilitated Injury Prevention 101 training; coordinated advertising, food, and professional development hours, and room; briefly presented on the role of the CHPS and provided tobacco and SOS quit line resources